



Sunflower CAFÉ

OPEN 7AM-10PM



ENGLISH MUFFIN SANDWICHES

JUMBO ENGLISH MUFFIN WITH EGG AND AMERICAN CHEESE

PLAIN	\$5.50	BACON	\$6
SAUSAGE.....	\$6	SLICED HAM	\$6

BREAKFAST



**SUNFLOWER
BREAKFAST BURRITO** \$9

Large flour tortilla, 3 scrambled eggs, cheese and choice of chorizo, bacon or sausage

CANTINA BREAKFAST \$10

2 eggs any style, hash browns, choice of chorizo, bacon or sausage, warm tortillas and refried beans

BREAKFAST TACOS \$10

2 flour tortillas with scrambled eggs, pico de gallo salsa and choice of chorizo, bacon or sausage, refried beans served with rice

CONCHAS \$3.50

Traditional local pastries

TACOS & ENCHILADAS

Choice of flour or corn tortillas and meat

CANTINA STYLE..... \$3

With cabbage, onion, cilantro & salsa

CANTINA COMBO \$10.50

2 cantina tacos, rice and refried beans

Meat Choices:

Carne asada/marinated steak, pollo/
slow cooked chicken, carnitas/pork,
pescado/crispy haddock, ground beef,
guac taco/vegetarian

TACO SALADS \$11

With crispy tortilla strips, chopped
romaine, cheese, pico de gallo, chipotle
ranch dressing and choice of carne
asada, pollo, carnitas, pescado, ground
beef or guacamole

ENCHILADA..... \$3

ENCHILADA COMBO \$11

BURRITOS

BURRITOS \$9

With flour tortilla, refried beans, rice,
pico de gallo and choice of carne
asada, pollo, carnitas, pescado, ground
beef or guacamole

make it a combo \$10

RED CHILE BURRITO \$9.50

+\$2 enchilada style

BOWLS

BOWLS \$10.50

With cheese, pico de gallo, refried
beans, rice, cabbage and choice of
carne asada, pollo, carnitas, pescado,
ground beef or guacamole

QUESADILLAS

PLAIN CHEESE..... \$8

DELUXE \$10

Choice of carne asada, pollo, carnitas,
pescado, ground beef or guacamole



SOUP \$6

TORTILLA SOUP - EVERYDAY
(Except Sunday)

MONDAY - POZOLE

TUESDAY - ALBONDIGAS

WEDNESDAY - RED POZOLE

THURSDAY - CAZUELA

FRIDAY - CALDO DE QUESO

SATURDAY - COCIDO

SUNDAY - MENUDO..... \$7

SUNFLOWER CAFE FAVORITES

SUNFLOWER CAFE CHEESEBURGER	\$12
Fresh grilled ground beef patty, american cheese, toasted hamburger bun, lettuce, tomato onion <i>+\$0.50 french fries</i>	
FISH (3) & CHIPS	\$13
CHICKEN TENDERS (4)	\$13
<i>+\$0.50 french fries</i>	
CHICKEN WINGS (8)	\$13
<i>hot, mild, BBQ, with ranch or bleu cheese</i>	
SONORAN DOG	\$7.50
<i>+\$0.50 french fries</i>	
TURKEY OR HAM SANDWICH ..	\$6.50
<i>+\$1 french fries</i>	
CHEF'S SALAD	\$11

NACHOS

Nachos served with salsa, sour cream,
jalapenos and black olives

PLAIN CHEESE	\$7.50
DELUXE	\$10
Choice of carne asada, pollo, carnitas, pescado, ground beef or guacamole	

BEVERAGES

SODA	\$4
ICED TEA	\$3.50
JUICES	\$4
DOMESTIC BEER	\$5.75
IMPORT BEER	\$6.75
BEER OF THE MONTH	\$4
RED BULL	\$4.50

ALL DRAFT BEER - \$6.75



SIDES

CHIPS & SALSA	\$4
CHIPS & GUACAMOLE	\$6
FRENCH FRIES	\$6
RICE OR BEANS	\$3
FRUIT SALAD	\$4.50
POTATO CHIPS	\$2.50

SWEETS

JELLO	\$3
PUDDING	\$3
SHORTCAKE	\$5.50
COOKIE	\$3
CANDY BAR	\$2.50
CHEESECAKE	\$5.50
PREMIUM CAKES	\$10